



Trainingen

Trainingen die vervallen i.v.m feestdagen en Harddraverij

Trainingen die zijn aangepast wegen buitentrainen IJsselmeer

Van 18.00 t/m 19.00 2 banen en 19.00 t/m 20.00 2 banen

Zomervakantie van 13 juli t/m 25 augustus

| Dag | Tijd | Banen | Doelgroep |
|-----------|-----------------|-------|---|
| Maandag | 18.00 t/m 19.00 | 2 | Startvergunning en recreanten tot 12 jaar |
| | 19.00 t/m 19.30 | 2 | Startvergunning en recreanten vanaf 12 jaar |
| Dinsdag | 18.30 t/m 20.00 | 3 | Startvergunning jeugd/Beginners/Specials/Trimzwemmen |
| Donderdag | 18.00 t/m 19.00 | 3 | Startvergunning jeugd/Beginners/ Recreatief/Startvergunning |
| Zaterdag | 10.00 t/m 11.00 | 3 | Startvergunning jeugd./Beginners/Recreatief/Startvergunning |
| Zondag | 10.00 t/m 11.00 | 2 | Trimzwemmen |

2018

| SEPTEMBER | | | | | | |
|-----------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

| OKTOBER | | | | | | |
|---------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

| NOVEMBER | | | | | | |
|----------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

| DECEMBER | | | | | | |
|----------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

2019

| JANUARI | | | | | | |
|---------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

| FEBRUARI | | | | | | |
|----------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | | | |

| MAART | | | | | | |
|-------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

| APRIL | | | | | | |
|-------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

| MEI | | | | | | |
|-----|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

| JUNI | | | | | | |
|------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

| JULI | | | | | | |
|------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

| AUGUSTUS | | | | | | |
|----------|----|----|----|----|----|----|
| MA | DI | WO | DO | VR | ZA | ZO |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |